



This course will run the two units, 1 and 2, concurrently. The student Semester 1 grade will therefore be an estimate. Red = Unit 1 content / Blue = Unit 2 content

Term	Week	Topic and key teaching points	Syllabus content	Assessment
1	1–2	Preparation Practices Food in society Laws and regulatory codes Food in society Laws and regulatory codes	Food in society Laws and regulatory codes  workplace regulations for safety and health protective clothing and footwear personal hygiene emergency procedures  safe food handling practices safe storage and thawing of raw and processed foods prevention of cross contamination clean equipment  Food in society Laws and regulatory codes workplace regulations for safety and health protective clothing and footwear signage for procedures and hazards safe posture, including lifting, bending and standing emergency procedures safe food handling practices safe storage and thawing of raw and processed foods prevention of cross contamination clean equipment and work surfaces	Task 1: Preparation Practices
		Processing food	Processing food Food products and processing systems	
		Food products and processing	<ul> <li>produce food products using raw and processed foods</li> </ul>	
		systems	<ul> <li>select and safely use appropriate equipment, such as knives and hot surfaces</li> <li>measure ingredients using Australian Standard metric measurement</li> <li>demonstrate mise-en-place and precision cutting skills</li> <li>demonstrate safe food handling practices</li> <li>demonstrate teamwork skills. Such as communication and collaboration</li> </ul>	





Term	Week	Topic and key teaching points	Syllabus content	Assessment
		Nature of food Properties of food	Nature of food  Properties of food  • the effect of processing techniques on the sensory and physical properties of food  • wet processing techniques  • dry processing techniques  • microwave cooking  Processing food  Food products and processing systems	Task 1: Preparation Practices
1	3	Processing food Food products and processing systems	<ul> <li>Food products and processing systems</li> <li>produce food products using staple foods</li> <li>select and safely use appropriate equipment</li> <li>measure ingredients using Australian Standard metric measurement</li> <li>demonstrate mise-en-place and precision cutting skills</li> <li>demonstrate safe food handling practices</li> <li>demonstrate wet processing techniques</li> <li>demonstrate dry processing techniques</li> <li>demonstrate microwave cooking</li> <li>demonstrate teamwork skills, such as planning and problem solving</li> <li>present safe, quality, palatable food</li> </ul> Processing food	
		Processing food Food products and processing systems	<ul> <li>Food products and processing systems</li> <li>produce food products using raw and processed foods         <ul> <li>select and safely use appropriate equipment, such as knives and hot surfaces</li> <li>measure ingredients using Australian Standard metric measurement</li> <li>demonstrate mise-en-place and precision cutting skills</li> <li>demonstrate safe food handling practices</li> <li>demonstrate teamwork skills. Such as communication and collaboration</li> <li>demonstrate various methods of cooking</li> <li>present safe, quality, palatable food</li> </ul> </li> </ul>	





Term	Week	Topic and key teaching points	Syllabus content	Assessment
1	4-5	Investigate Raw and Processed Food Nature of food Food as a commodity Processing Food Food products and processing systems	Nature of food  Food as a commodity  classification of food  animal plant plant raw processed  Food products and processing systems  investigate a raw and a processed food product use nutrition cost shelf life  produce food products using raw and processed foods demonstrate teamwork skills, such as communication and collaboration present safe, quality, palatable food	Task 1: Preparation Practices
1	6-8	Selecting raw and processed food Nature of food Properties of food	Nature of food Properties of food	Task 1: Test- Preparation practices  Task 2: Celebrate Local Foods





Term	Week	Topic and key teaching points	Syllabus content	Assessment
Term	6-8 cont.	Processing food Food products and processing systems  Nature of food Properties of food	<ul> <li>effects of processing techniques on sensory and physical properties of food         <ul> <li>change in appearance</li> <li>change in texture</li> <li>change in flavour</li> </ul> </li> <li>Processing food</li> <li>Food products and processing systems         <ul> <li>evaluate food products developed from raw and processed foods</li> <li>sensory properties</li> </ul> </li> <li>Nature of food</li> <li>Properties of food</li> <li>sensory properties that influence selection and use of staple food</li> <ul> <li>appearance</li> <li>texture</li> <li>aroma</li> <li>flavour</li> <li>sound</li> </ul> <li>physical properties that influence selection and use of staple food</li> <ul> <li>size</li> <li>shape</li> <li>colour</li> <li>volume</li> <li>viscosity</li> </ul> <li>the effect of processing techniques on the sensory and physical properties of food</li> <li>wet processing techniques</li> </ul>	Assessment
		Food as a commodity	<ul> <li>dry processing techniques</li> <li>Food as a commodity</li> <li>primary and secondary processes used to convert raw commodities into safe, quality food products</li> </ul>	





Term	Week	Topic and key teaching points	Syllabus content	Assessment
		Nature of food Properties of food	Nature of food  Properties of food  • the effect of processing techniques on the sensory and physical properties of food  • wet processing techniques  • dry processing techniques  • microwave cooking	Task 5: Food Processing
		Celebrate Local Foods Nature of food Food as a commodity	Nature of food Food as a commodity  economic and environmental considerations when purchasing locally produced commodities food availability cost food miles' packaging waste	Task 2- Celebrate Local Foods
1	9-10	Food in society Food issues	Food in society Food issues  environmental issues that arise from food and lifestyle choices food availability food miles' packaging recycling and waste	





Term Week	Topic and key teaching points	Syllabus content	Assessment
1 9-10 cont.	Processing food Food products and processing systems  Nature of food Properties of food	Processing food Food products and processing systems  devise food products using raw and processed foods interpret recipes organise food orders and production plans cost recipes  produce food products using raw and processed foods demonstrate teamwork skills, such as communication and collaboration present safe, quality, palatable food  evaluate food products developed from raw and processed foods sensory properties the effectiveness of skills, practices or processes use relevant terminology  Nature of food  Properties of food  wet processing techniques dry processing techniques dry processing techniques microwave cooking	Task 5: Food Processing





Term	Week	Topic and key teaching points	Syllabus content	Assessment
2	1	Nutritional Value of Food Nature of food Nutrition  Processing food Food products and processing systems  Nature of food Properties of food	Nature of food Nutrition  food sources and functions of nutrients and water in the body protein carbohydrates vitamins minerals lipids importance of a balanced diet and the consumption of a wide variety of foods for health use of food selection models and guides to evaluate diets Healthy Eating Pyramid (Nutrition Australia May 2015) The Australian Guide to Healthy Eating Australian Dietary Guidelines Processing food Food products and processing systems produce food products using raw and processed foods measure ingredients using Australian Standard metric measurement demonstrate various methods of cooking interpret recipes Nature of food Properties of food  the effect of processing techniques on the sensory and physical properties of food wet processing techniques dry processing techniques microwave cooking	Task 2: Celebrate Local Foods Task 8: A Healthy Food Product  Task5: Food Processing





Term	Week	Topic and key teaching points	Syllabus content	Assessment
		Macronutrients for Health Nature of Food Nutrition	Nutrition  food sources and role of macronutrients and water for health protein: complete and incomplete carbohydrates: starches, sugars, and fibre or cellulose lipids: saturated fats and oils, and unsaturated fats and oils macronutrient requirements depending on age and lifestyle protein carbohydrates lipids  Processing food  Food products and processing systems	Task 7: Test Health Issues
2	products and processing systems  products and processing systems  product food products using staple foods  select and safely use appropriate equipment  measure ingredients using Australian Standard metric measurement  demonstrate mise-en-place and precision cutting skills  demonstrate safe food handling practices  demonstrate wet processing techniques  demonstrate dry processing techniques  demonstrate teamwork skills, such as planning and problem solving  present safe, quality, palatable food	<ul> <li>produce food products using staple foods</li> <li>select and safely use appropriate equipment</li> <li>measure ingredients using Australian Standard metric measurement</li> <li>demonstrate mise-en-place and precision cutting skills</li> <li>demonstrate safe food handling practices</li> <li>demonstrate wet processing techniques</li> <li>demonstrate dry processing techniques</li> <li>demonstrate teamwork skills, such as planning and problem solving</li> <li>present safe, quality, palatable food</li> </ul>	Task5: Food Processing	
		Nature of food	Nature of food	
		Properties of food	Properties of food	
			<ul> <li>the effect of processing techniques on the sensory and physical properties of food</li> <li>wet processing techniques</li> <li>dry processing techniques</li> <li>microwave cooking</li> </ul>	





Term	Week	Topic and key teaching points	Syllabus content	Assessment
2	3-5	Food Choices Food in society Food issues  Nature of food Nutrition Food in Society Food issues	Food in society Food issues  • factors that influence food choices  • cost  • food availability  • family characteristics  • peer group  • nutritional value  Nutrition  • use of food selection models and guides to evaluate diets  • Healthy Eating Pyramid (Nutrition Australia May 2015)  • The Australian Guide to Healthy Eating  Nutrition  • use of the Australian Dietary Guidelines to evaluate food choices Food issues  • ethical influences on food choices, such as animal welfare, fair trade, resource use and country of origin	Task 3: Food Choices
2	6	Staple food commodities  Nature of food Food as a commodity	Food as a commodity  staple food commodities readily available in Australia factors that affect the supply of staple food food availability cost climate or seasons natural disasters	Task 5: Food Processing





Term	Week	Topic and key teaching points	Syllabus content	Assessment
		Processing food Food products and processing systems Nature of food Properties of food Processing Food Food products and processing systems	Processing food Food products and processing systems  investigate staple food products  use  nutrition  cost  shelf life  produce food products using staple foods  measure ingredients using Australian Standard metric measurement demonstrate safe food handling practices	
2	6 cont.		Food products and processing systems  devise food products using raw and processed foods adapt recipes to suit a purpose produce food products using raw and processed foods measure ingredients using Australian Standard metric measurement demonstrate various methods of cooking	
		Nature of food Properties of food	Nature of food  Properties of food  • the effect of processing techniques on the sensory and physical properties of food  • wet processing techniques  • dry processing techniques  • microwave cooking	





Term	Week	Topic and key teaching points	Syllabus content	Assessment
2	7	Selecting Staple Foods Nature of food Food as a commodity Properties of food	Nature of food Food as a commodity  primary and secondary processes used to convert raw commodities into safe, quality food products  Nature of food Properties of food  sensory properties that influence selection and use of staple food  papearance texture naroma flavour sound  physical properties that influence selection and use of staple food size shape colour volume viscosity  devise food products using staple foods nadapt recipes to suit a purpose interpret recipes organise food orders and production plans  produce food products using staple foods demonstrate teamwork skills, such as planning and problem solving present safe, quality, palatable food  evaluate food products developed from staple foods product's sensory properties effective use of skills, practices or processes use of relevant terminology	Task 5: Food Processing





Term	Week	Topic and key teaching points	Syllabus content	Assessment
2	8 - 9	Processing food Food products and processing systems	Food For Communities  Processing Food  Food products and processing systems  Investigate staple food products  devise food products using staple foods  adapt recipes to suit a purpose interpret recipes  produce food products using staple foods  demonstrate teamwork skills, such as planning and problem solving present safe, quality, palatable food  evaluate food products developed from staple foods  product's sensory properties effective use of skills, practices or processes	Task 5: Food Processing
		Food in society Food issues	Food in society Food issues Ethical Choices  • ethical influences on food choices, such as animal welfare, fair trade, resource use and country of origin	





Term	Week	Topic and key teaching points	Syllabus content	Assessment
2	10	Nature of food Properties of food	Nature of food  Properties of food  • the effect of processing techniques on the sensory and physical properties of food  • wet processing techniques  • dry processing techniques  • microwave cooking	Task 5: Food Processing
3	1 - 4	Wet and dry processing techniques Nature of food Properties of food Processing food	Nature of food  Properties of food  the effect of processing techniques on the sensory and physical properties of food     wet processing techniques     dry processing techniques     microwave cooking  devise food products using staple foods     adapt recipes to suit a purpose     interpret recipes     organise food orders and production plans     cost recipes  produce food products using staple foods     select and safely use appropriate equipment     measure ingredients using Australian Standard metric measurement     demonstrate mise-en-place and precision cutting skills     demonstrate safe food handling practices     demonstrate wet processing techniques     demonstrate dry processing techniques     demonstrate teamwork skills, such as planning and problem solving     present safe, quality, palatable food	Task 6: Small Scale Function Task 8: A Healthy Food Product





Term	Week	Topic and key teaching points	Syllabus content	Assessment
			<ul> <li>evaluate food products developed from staple foods</li> <li>product's sensory properties</li> <li>effective use of skills, practices or processes</li> <li>use of relevant terminology</li> </ul>	
3	5	Food for adolescents Nature of food Nutrition Processing food Food products and processing systems	Nature of food Nutrition  Inutritional requirements of adolescents  Inprotein Incalcium Incorporation Incorporational requirements of adolescents  Incorporational requirements of adolescents Incorporational requirements of adolescents Incorporational requirements of adolescents Incorporational requirements of adolescents Incorporational requirements of adolescents Incorporational requirements of adolescents Incorporational requirements of adolescents Incorporational requirements of adolescents Incorporational requirements of adolescents Incorporational requirements of adolescents Incorporational requirements of adolescents Incorporational requirements of adolescents Incorporational requirements Incorporational requirements of adolescents Incorporational requirements Inc	Task 6 Small Scale Function Task 8: A Healthy Food Product





Term	Week	Topic and key teaching points	Syllabus content	Assessment
3	6-7	A Healthy Food Product Processing Food Food products and processing systems  Food in society Laws and regulatory codes	Processing Food Food products and processing systems  devise food products using staple foods cost recipes  produce food products using staple foods present safe, quality, palatable food evaluate food products developed from staple foods use of relevant terminology Food in society Laws and regulatory codes labelling requirements for food and beverage products available in Australia nutrition information panel percentage labelling name and/or description of the food food recall information information for allergy sufferers date marking ingredients list country of origin barcode weights and measures  Nature of food Nutrition use of the Australian Dietary Guidelines to evaluate food choices food sources and role of macronutrients and water for health Nutrition food sources and function of nutrients and water in the body nutritional requirements of adolescents use of food selection models and guides to evaluate diets	Task 8: A Healthy Food Product





Term	Week	Topic and key teaching points	Syllabus content	Assessment
3	8-9	Food in society Food issues Nature of food Nutrition Food Processing Food products and processing systems	Food in society Food issues    health issues that arise from food choices   malnutrition   underweight   overweight   allergies   intolerances  Nature of food Nutrition   nutrition-related health conditions and the need for specialised diets   coeliac   lactose intolerance   reasons for vegetarian or vegan diets   health   ethical values   cultural   economic cost   use of food selection models and guides to evaluate diets   Australian Dietary Guidelines   food Processing   Food Products and processing systems   devise food products using staple foods   adapt recipes to suit a purpose	Task 7: Test- Health Issues





Term	Week	Topic and key teaching points	Syllabus content	Assessment
3/4	Term 3 week 10 Term 4 Week 1-2	A Food Advertisement Food in society Food issues  Food Processing Food products and processing	Food in society Food issues  influences on adolescent food choices  use of celebrities, media practices, including music, body image, colour, fonts and graphics, and food styling techniques to market food products  advertising marketing	Task 4: A Food Advertisement
3/-		systems	Food Processing  Food products and processing systems  devise food products using raw and processed foods adapt recipes to suit a purpose produce food products using raw and processed foods measure ingredients using Australian Standard metric measurement demonstrate various methods of cooking	
4	3-5	Nature of food Properties of Food	Begin GTFST  Properties of food  In the functional properties that determine the performance of food  In caramelisation  Crystalisation  Oxidation  rancidity  Coagulation  dextrinisaton	





Term	Week	Topic and key teaching points	Syllabus content	Assessment
		Processing food Food products and processing systems	Food products and processing systems      devise food products     devise food products     apply preparation and processing techniques     investigate wet processing techniques and dry processing techniques     suitable food commodities     effect on nutrition     heat transfer     sensory properties     cost of ingredients and energy	

<sup>\*</sup>At times, due to in class functions, some delivery of content may be rescheduled, so that students have better opportunities to learn and display their skills.