



TERM ONE 2021

That's a wrap on another great Term at Canning Vale College. Despite an interrupted start to the 2021 school year, this term saw some fantastic activities, achievements, milestones and accomplishments take place. Our Drama students were happy to be attending live theatre again, our Languages students have once again excelled in the Education Perfect Languages Championship, our new Year 7 students have settled in nicely, a number of our upper school students are currently reaping the rewards of school based traineeships and our Year 12 students enjoyed themselves at their school ball. That however is certainly not all, enjoy reading our Term 1 newsletter and thank you to our students and staff who work tirelessly to provide amazing opportunities.

Student Council Support The Blue Tree Project *April 1*

Written by Paul Price – Student Councillor

On the last day of Term 1 our student councillors were hard at work painting a tree blue, for The Blue Tree Project. This is a mission that aims to start up uncomfortable discussions around mental health and to empower people to speak up when they are dealing with these issues. The main idea is that by painting these trees, it sends out the message that “it’s OK to not be OK.” This helps to reduce the stigma that still exists around mental health today.

The student councillors were inspired to participate and support the cause, choosing a tree inside the school grounds with the help of Ms Varina Earle and Mr Aaron Richards. CVC has embraced this cause to help students understand that mental health problems should not be stigmatised and that experiencing them is perfectly normal.

The Blue Tree Project is a vital cause, particularly among students. 1 in every 7 Australian students struggle with mental health problems, the most common of which are depression, ADHD, and anxiety. It is expected that the project at CVC will help to reduce the stigma associated with mental illness and create a more positive and accepting environment.

Thank you to Bunnings Warehouse Harrisdale for their kind donation of paint and painting supplies in support of this project.



Workplace Learning Students Attend Work Readiness Induction *March 31*

In Week 9 our upper school students enrolled in workplace learning attending Work Readiness Training as part of their Induction process.

Wayne from SIDE (School of Isolated and Distance Education) spoke about key attitudes identified by employers, work readiness behaviours, time management, qualities that employers are looking for and workplace health and safety.

All students enjoyed the session as it gave them a broad view of employers expectations in the workplace.



Students Further their Skills at TAFE *March 31*



Our students with special education needs have been enjoying their first term at South Metro TAFE participating in a number of Skill Sets.

Courses have included Animal Studies, Painting & Decorating and Hospitality.



Students have learnt a number of different tasks in their relevant area and will continue with these courses for the remainder of the year.

Certificate II Hospitality Students Assist with Breakfast Club *March 31*



As part of their Certificate II in Hospitality students are required to complete service hours. A number of our students have been gaining these hours by assisting with the CVC Breakfast Club, serving toasted sandwiches to students who may have come to school without breakfast.

The CVC breakfast club runs from 8:00 to 8:30 outside GL13 Monday to Wednesday and is available to all students before school. It is run by our Education Assistants, with support provided by the College Chaplain our Certificate II Hospitality students.

The food is generously supplied by Foodbank WA (with bread generously supplied by parents or our local Woolworths). The Foodbank School Breakfast Program provides a nutritious breakfast for over 18,000 students every week, which is over 2.2 million serves a year. While soothing a rumbling tummy is the most immediate benefit, the impact on students, teachers and the community is far more profound than could be imagined when it began almost two decades ago, with links to capacity for learning, attitudes towards healthy eating and community engagement. The program also provides our Hospitality Students real world experience in preparing food and working on customer service skills.

Earth and Environmental Science Students Head to the Beach *March 31*

Year 11 Earth and Environmental Science students combined great weather, spectacular views and hard work during an enjoyable fieldwork excursion to the river and coast on Friday. The excursion was guided by Australian Earth Science Education and took students to the banks of Freshwater Bay in Peppermint Grove to examine the exposed limestone cliffs formed by long-expired quarries.

Then it was onto Cottesloe Beach to examine the weathered rock face, wave-cut platforms, fossilised coral, mangroves and forest remains, providing students with insights to the geological and sea level history of the area dating back hundreds of thousands of years.



Year 7 Boys Night In Fun *March 26*

Our Year 7 boys enjoyed themselves after school hours on Thursday, making new friends and with many fun activities on offer. The annual Boys Night In is a great opportunity for our new students to come together and get to know each other better in a fun and relaxed environment.

There was something for everyone, with activities including mobile laser tag, floorball, volleyball, basketball, tug-o-war, chess backgammon, and Uno. Followed up by Dominoes pizza for dinner.

Our Student Council members assisted Ms Earle, the Year 7 Coordinator, on the night along with other members of staff, to ensure the boys had a great time.



CVC Excels in Education Perfect Languages Championship

March 26

The Education Perfect Languages Championship finished this week amidst a last-minute dash for extra points. A number of CVC students received certificates in the Championship including an Elite Award for Claudia Vale with more than 23 000 points and Licia Whang with an Emerald Award on close to 10 000 points. A huge congratulations to these two students and the seven other students who reached an exceptional level of questions answered and achieved certificates.

As a school, CVC answered over 130 thousand questions and placed 5th for Indonesian in WA, 22nd for Italian and 165th overall in Australia competing against 1,231 schools.



Yr 12 Earth and Environmental Science Field Trip *March 26*

On Friday 19th March our Year 12 Earth and Environmental Science ATAR students visited Bell's Rapids to learn about metamorphic rocks in the area. The excursion was run by Australian Earth Science Education and also attended by students from Gilmore College. What a great way to learn about Geology!



Year 12 Drama Students Visit the Theatre at Sunset Precinct *March 24*

Year 12 Drama students were finally able to head back to the theatre and be immersed in live performances by Black Swan Theatre Company, as part of the Festival of Perth. Due to Covid, 'The Cherry Orchard', originally written by Anton Checkhov, was put on hold and then changed venues from a traditional setting to a promenade style, allowing students to view four Acts in three different venues around the Sunset Heritage Precinct.

Students attended the house set, the BBQ on picnic blankets, and viewed an outdoor party, before heading back to the beloved house all packed up and to hear the Cherry Orchard fall. The students felt the true emotions of the realism presented before them, where they laughed, had a tear in their eyes, partook in Question & Answer time, and enjoyed an adventurous bus ride on the way to the show, singing loudly. There really is nothing like live theatre!



CVC Students Awarded Ron Sloan Endeavor Scholarships

March 23

Congratulations to Year 11 students Poppy Slaughter and Laura Loveday who have been awarded with Rotary Club of Southern Districts Ron Sloan Endeavour Scholarships.

The scholarship provides support for students who have achieved academic success in Year 10 through their next two years in High School and it is designed to give these students a value base to commit to excel in their chosen career path whether it is Professional or Vocational.



Local Primary School Students Join Junior Band March 19

Junior Band has restarted for 2021 and again we have students from Campbell Primary School joining our Year 7 Specialist Music students for Junior Band Practice, after school every Thursday.



Bullying No Way! Day *March 19*

At our school we aim to create a safe and supportive school community for everyone. Friday March 19th is the National Day of Action against Bullying and Violence, and is a day for schools, students and the community to say Bullying. No Way! The theme this year is to 'take action together.' This theme aims to elevate student voice, empowering our young Australians to join the conversation.

CVC students came together during break time today to partake in volleyball, basketball and colour parachute activities as part of the days celebrations.

Sometimes, it can be difficult for parents or carers to know what to do when their child talks to them about bullying. You are an important part of our work to prevent bullying and to respond effectively if it happens. Stopping bullying involves everyone. If your child talks to you about bullying:

1. **Listen calmly and get the full story.** Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need to: who, what, where, when. Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.
2. **Reassure your child they are not to blame.** Many children blame themselves and this may make them feel even worse. You could say things like, 'That sounds really hard to deal with. No one should have to put up with that.' or 'I'm so glad you told me. You should be able to feel safe at school; that's not fair at all'.
3. **Ask your child what they want to do and what they want you to do.** A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.
4. **Visit www.bullyingnoway.gov.au to find some strategies.** The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident.
5. **Contact the school.** Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child's year coordinator. Contact the school immediately if you have a concern about your child's safety.
6. **Check in regularly with your child.** Keep the conversation going. It can take time to resolve issues, so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.



CVC Students Benefit from School Based Traineeships

March 18

CVC student Molly White is a big step closer to her dream job after securing a traineeship at The Nest Hair Boutique. Molly came across the opportunity through Instagram, so quickly responded with the assistance of the VET office staff.

Molly sees this course as beneficial to her future as she would like to make a career out of hairdressing. After the completion of the traineeship Molly will go straight into an apprenticeship, saving her a year of time.

“Personally I really love this course as I’m getting the best of both worlds. I am able to complete school whilst also completing my traineeship. I have a strong passion for the hair and beauty industry, so I enjoy this course. I also take joy in helping clients achieve their hair goal.” said Molly.



Yr 12 student Jamie-Lee applied for a school based traineeship at The Coffee Club when she discovered it advertised through a Connect notice. She fine tuned her resume and prepared a cover letter on why she wanted to join the course, and uploaded it in anticipation.

“I enjoy working in this environment, as the customers and co-workers are really friendly. I also enjoy doing the work because it educates me and provides me with experience in preparation for my future career. It will be helpful when applying for a job as future employers can tell you have done a Certificate in Hospitality.”

CVC regularly advertises any school based traineeships that are available within the community through a Connect notice. If you are interested in pursuing this, keep your eye on Connect or see the VET office.

Bailey is another successful example of being part of the School Based Traineeship program, this one being at KFC. Bailey and his parents were informed about the opportunity, and through a selection process was awarded the position.

Bailey likes that he gets to miss one day of school a week to go to work and loves earning his own money. He also enjoys meeting new people, and realises that the work experience, along with the Certificate at the end of the Traineeship, will help him pursue his career later in life.



Year 7 Girls Night In Fun *March 18*



Our Year 7 girls enjoyed themselves after school hours on Tuesday, making new friends and with many fun activities on offer. The annual Girls Night In is a great opportunity for our new Year 7 girls to come together and get to know each other better in a fun and relaxed environment.

There was something for everyone, with activities including laser tag, soccer coaching from The Edmund Rice Centre, volleyball games, bracelet making, minute to win it games, and dancing in the dance studio. The girls

even managed to try some old traditional activities like hula hooping, elastics and jump rope.

Our Student Council members assisted Ms Earle, the Year 7 Coordinator, on the night along with other members of staff, to ensure the girls had a great time. To finish the evening, the girls enjoyed chatting in groups as they ate pizza together.

Potential ATAR 92+ Students Attend UWA Info Session

March 17

Year 12 students who have been identified as having the potential to achieve an ATAR of 92+ were invited to attend an information session presented by UWA. The seminar aimed to provide our students with an overview of certain courses on offer, and the process involved with applying.

Students were presented with information about a UWA Broadway Assured Pathway to the following postgraduate courses; Doctor of Medicine, Doctor of Dental Medicine, Doctor of Podiatric Medicine, and Master of Pharmacy, and were provided with details on the entry pathways available to them in order to achieve their goals. Students were also offered mentoring and support throughout their entry process by UWA staff.

Students will receive information on the UCAT test and application dates soon, with registrations closing on 17th May.



Senior Geography Students Complete Fieldwork at Nearer to Nature in Mundaring

March 17



Part of the Geography course for Year 11 and 12 students is to participate in fieldwork, which is what our Geography students have been up to recently.

Ms McCathie's Year 12 General Geography class completed the unit on Fire Geography, where they undertook a guided walk with Mike from Nearer to Nature, and engaged in geographic fieldwork to examine the impacts of fire on both natural and managed ecosystems. Students discovered the difference between bushfires and prescribed burning, and why prescribed burns are critical for protecting life, property and the environment.

Students then examined the Parkerville fire of 2014 by exploring the prevention, mitigation and preparedness for this natural disaster in the managed and constructed elements of our environment. The class was also lucky enough to see a kangaroo and her joey just relaxing under a tree, near where they stopped for lunch. At the end of the fieldwork, students had a clearer understanding of: how fire affects the geographical environment, how topography and land management affects behaviour of fire, the importance of prescribed burning, and how you can be prepared.

The Year 12 ATAR Geography class and Year 11 General Geography class completed the unit on Sustainable Forestry. Students engaged in field techniques employed by forest managers to determine sustainable timber harvests and treatment of strands to maximise production while maintaining or enhancing biodiversity. They learned about timber being a versatile and widely used fibre-based commodity, and in an increasingly interconnected world, decisions we make about production and distribution of this commodity can no longer be considered in isolation.

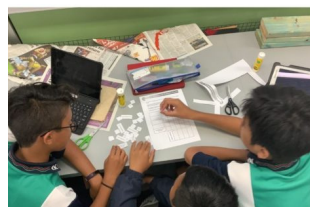
Ms Michael's and Ms Barnes's students also discovered how modern forestry practices can allow us to sustainably meet our timber needs, whilst ensuring that forests can still be enjoyed for many other purposes and how the decisions we make in our society may have global consequences.

STEM Students Examine Interrelated Numbers Through Puzzles

March 11

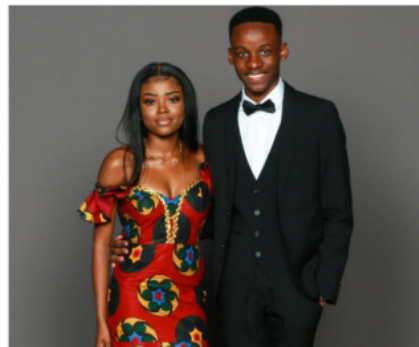
Year 7 students were challenged with thinking about how different types of numbers are interrelated, by working through a puzzle during their STEM class today. They first used a trial and error method to find a possible solution and then checked their answer to see if what they had was actually a solution or not.

The students worked cooperatively in groups to solve the problems, developing their interpersonal skills and ability to work in a team.



2021 Year 12 School Ball *March 12*

On Friday of Week 4 our Year 12 students attended their Year 12 Ball – held this year at Optus Stadium. Students and staff enjoyed a lovely meal and danced the night away. Students were glamorous in their evening attire and well behaved throughout the festivities. I am sure all who attended will remember the night fondly.



CVC Student Caleb Goodwin to trial for Baseball World Cup Squad *March 5*

Congratulations to Year 12 Caleb Goodwin who has been invited to trial in Canberra at Easter for the National Under 18 Junior Australian Baseball World Cup Squad.

Caleb has previously played for Australia at the Cal Ripken World Series in 2016, competed in State teams and multiple travel ball teams, where he has competed in other international and eastern states tournaments, however this is Caleb's first opportunity for a World Cup squad.

If Caleb is selected in the squad of 20 from across the country, he will be competing in the US in Florida mid September this year (if COVID permits). Good luck Caleb!



Cadets Help to Clean Up Australia *March 10*

As part of their continued environmental conservation program, our Bushranger Cadets recently participated in Clean Up Australia Day. Thankfully the rain held off, so our cadets split into four groups and swept the main zones of the school, before heading onto the oval and across to the wetlands. Thanks to the tireless efforts of our cleaning and gardening staff, our school is extremely clean already. The cadets however, continued to comb the fence lines and garden beds and gathered what they could find, adding recyclables to their Green Batch Recycling Program.

Once the school grounds were complete, the cadets headed to the park across from the school, and continued cleaning this area as well. The cadets regularly clean this park as an ongoing conservation initiative. The new Year 7 cadets did particularly well in adopting the Bushranger spirit. The afternoon was a great success where all cadets should be commended on their attitude and contribution to the community. A Certificate of Participation was awarded to all who participated.



CVC Student Jordan Hamilton to Compete in National Athletics Championships

March 5

Year 8 student Jordan Hamilton is part of the WA Under 15 Athletics team and has now been invited to compete in the National Championships in April in Sydney.

Jordan is currently ranked 4th in Australia and is aiming for as high as 2nd in Australia after the National Competition.

Congratulations and best of luck in April Jordan!



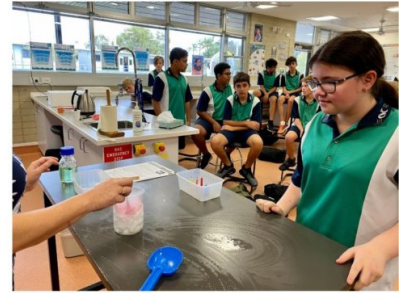
Year 8's Learn the Concepts of Sublimation Using Dry Ice

March 10

Today the Year 8 science classes had fun with experiments using dry ice. Students have been studying the properties of solids, liquids and gases and their changes of state. All of the experiments conducted were used to demonstrate the concepts of sublimation, which is the transition of a substance directly from a solid state to a gas state, in this case, dry ice to CO₂ gas.

The balloon activity demonstrated that a small pellet of dry ice sublimates to produce a huge volume of CO₂ gas – more than enough to easily fill a balloon, and that a balloon full of CO₂ is much heavier than a similar balloon full of normal air. The students also observed a foaming activity which made use of the sublimation of CO₂ to

produce large amounts of foam – CO₂ bubbles being trapped in detergent. Another experiment, the tin can activity, demonstrated to the classes the expansion of CO₂ to a much greater volume as it sublimates, exerting huge pressure on the can until it 'blows' the lid off, and then the candle experiment showed that CO₂ is more dense than air and can be 'poured' in the same way as a liquid until it covers the flames and extinguishes it. CO₂ is usually invisible but it can appear as a whitish colour due to it cooling and condensing the water vapour present in the air to produce a cloud. Dry ice is frozen carbon dioxide, which as a gas makes up about 0.04% of the earth's atmosphere. It is the gas that we exhale when we breathe, and the gas that plants use in photosynthesis. Carbon dioxide is also the gas that is added to make soft drinks. Dry ice is commonly used for freezing or keeping things frozen as it maintains a very cold temperature of -78.5 degrees. Instead of melting, dry ice turns directly into carbon dioxide gas and does not melt like common ice.

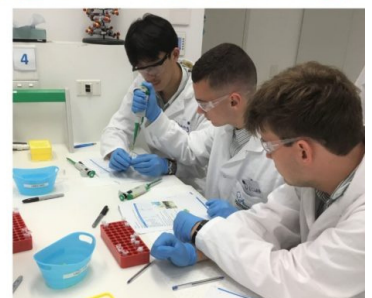


Year 12 ATAR Biology Students visit Harry Perkins Institute of Medical Research

March 3

Our Year 12 ATAR Biology students had an insight into what it was like to be a university student when they visited the Harry Perkins Institute of Medical Research in Nedlands, last week. The students investigated how to use biotechnological techniques to; amplify a human gene with PCR, visualise the product with gel electrophoresis and identify the mutation with gene sequencing. They were specifically looking at the BRAF gene mutation that can contribute to melanoma.

Our students gained an insight into working in a cutting edge laboratory, investigating challenges like overcoming cancer in human populations. They spoke with presenters well into their science degrees, and had great success with their investigations which reinforced their knowledge of the biotechnological techniques.



WA State Champion for CVC Student Declan Somers

February 25

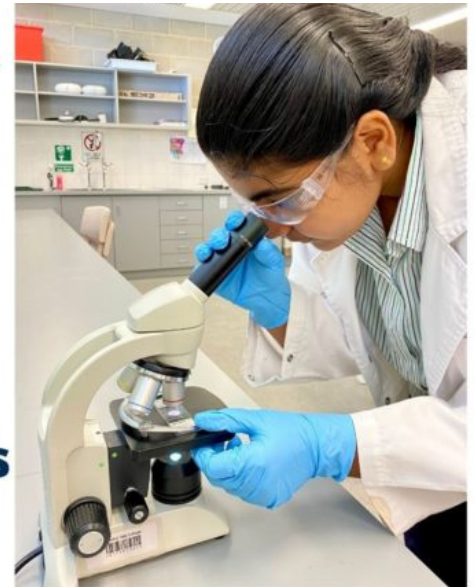
After a successful weekend of athletics, Year 9 student Declan Somers became the 2021 WA State Champion in the U16 2000m steeplechase. Declan also ran a strong second place in the U16 3000m race and bronze in the U16 1500m race.

Declan has now qualified in all three events for the National Track and Field Championships to be held in Sydney in April. Congratulations Declan!



International Day of Women and Girls in Science February 24

On 11th February each year we recognise the critical role women and girls play in science and technology. This day is also to promote full and equal access to participation in the sciences. There are many career opportunities that stem from studying a science discipline. For more information speak to your science teacher or visit the VET office.



Students Benefit from Academic Group Scholarships

February 24

During the summer holidays, two of our senior school students were awarded scholarships from Academic Group to undertake a course of their choice.

Nadya Rodrigues, now in Year 12, completed the Study Skills program and learned different methods of studying, in addition to helpful hints to assist her studies this year as she completes her final year at high school.

Year 11 student, Bilal Rashad, completed the Mathematics Methods study sessions, where he received not only a head start on this year but also received resources to further assist his studies. Congratulations Nadya and Bilal!



Meet Our 2021 Student Council Members

February 24

Our new student councillors for 2021 are already into the swing of the new year, meeting each Wednesday during their recess time. Their task is to be the voice of the student body and to assist organisations within our community, including coordinating fund raising events. Our student council currently consists of students from Year 8 to Year 12, until later in term 2 when Year 7's will be invited to apply.

This year's members are:

- Amritha Thirumalai Chetty (College Captain)
- Amir Cooper (College Captain)
- Maha Zahir
- Farah Al-absawi
- Linta Babar
- Courtney Doherty-Bigara
- Bevan Famlonga
- Laura Loveday
- Tia Martin-Petersen
- Paul Price
- Leander Schutte
- Nouvelle Tamilalagan
- Georgia Brandis
- Jessica Birrell
- Abbey Johnson
- Audrey Keenan
- Paige Van de Vaart
- Emma Gudgin
- Rhys Gudgin
- Sam Mamootil
- Oliver Birrell
- Aria Brennan
- Daria Mirzac
- Jacqueline Ong



The Act Belong Commit CVC Circus Troupe Creating Futures for CVC Graduates

February 24

It's wonderful to hear good news stories of our Year 12's following their dreams, and for three lucky CVC students from The Act Belong Commit CVC Circus Troupe this is just the case!

Leighton Beanland, after graduating, has been creating a very successful career in the Perth circus scene, working and performing for Cirquest, Exhibit, and Fliptease. At the 2021 Perth Fringe Festival he has been performing in a starring role in R/Evolve.

Graduate Joshua Norwell, has successfully completed a degree at the National Institute of Circus (NICA) at Melbourne's Swinbourne University, and has returned to Perth performing in R/Evolve and Circus 'cision.

After graduating, Naomie Ding moved to Melbourne and became a star performer as part of Borderline Russian Bar troupe, she then performed in Circus OZ Neon stage show, and now back in Perth performing in Fringe 2021 in the very prestigious Rouge Circus.



Cadet Camp to Finalise the 2020 School Year

February 24



Our cadets eased their way into the end of the school year with a camp to Point Peron. With sing-a-longs to Justin Bieber and The Spice Girls, our cadets traveled by bus to the camp grounds where they set up their dorms and then gathered for a short tour of the facilities.

On the first afternoon they participated in the Greatest Race, Point Peron style. They located sites and tested their teamwork skills. After recording their findings they headed down to the beach for some challenges. They then spelt out Peron with their bodies and buried each others legs in the sand. After fruit and cookies for afternoon tea, the challenge continued with tower building. This version involved two team members being

suspended by ropes while their teammates stacked milk crates beneath them. The challenge was intense as each team raced against the clock to build their tower the tallest. The winning team managed an impressive 15 cartons high (approx 5m).

On day two, the crew gathered for cadet planning, followed by a walk to the beach. Team Mulholland took a long walk around the track. Team Gray collected shells and created sand art, and after lunch they showcased their archery skills. The competition came down to a two team showdown, with many 8's and 9's being scored. The cadets also enjoyed orienteering, where they split into teams and tackled the red and green courses. There were 12 landmarks to locate and then answer a series of questions about the camp site. They demonstrated excellent teamwork and mapping skills before enjoying a short circuit of the obstacle course then retiring for dinner. The cadets surprised Mr Davies with a thank you card for organising the camp – a great way to finish of the year!

Congratulations to the Year 12 Class of 2020 *February 24*



Congratulations to the graduating class of 2020 who persisted and rose to the challenge despite the difficulties of an unprecedented year. Our Year 12 ATAR students were outstanding in 2020, achieving a median ATAR of 80.2 (TISC) which puts Canning Vale College in the Top 20 Public Schools based on median ATAR results.

Amongst our 15 'like schools' (like schools are schools with a similar index of community socio-educational advantage) Canning Vale College ranked 2nd in terms of median ATAR performance. Some of the individual successes included College ATAR Dux Tej Balasubramani achieving an ATAR of 98.95. Tej along with his fellow CVC graduate and twin brother Tejas, have both gone on to study Medicine at Curtin University this year.

15 CVC students achieved an ATAR over 90, a further 26 students scoring between 80 and 90, and 12 students achieved an ATAR of between 70 and 80 (a total of 53 students out of 82 who undertook ATAR courses). These numbers represent front door entry into the major West Australian Universities. A number of students across WA were awarded a School Curriculum and Standards Authority Certificate of Excellence, Distinction or Merit. These awards recognise individual excellence at the end of senior secondary schooling. 22 of these awards went to CVC students. Well done to the following:

Subject Certificate of Excellence (awarded to the top 0.5% of students based on exam mark)

Name not for publication – English

Certificate of Distinction (requires students to receive A grades across their courses and/or certificates, a testament to their commitment to their studies)

Tej Balasubramani, Serena Jones, Kelly Pillay & Wei Tyng Tan

Certificate of Merit (requires students to receive an average of B+ grades across all courses and certificates)

Name not for publication, Kya Bitmead, Joshua Carrier, Elisha Gurgone, Name not for publication, Josiah Liew, Xin Yi Liew, Connor MacBean, Name not for publication, Wei Liang Ong, Hallee Pileggi, Name not for publication, Khairul Adli Roslan, Christopher Round, Dylan Samarasinghe, Name not for publication & David Vu

Congratulations must also go to our Vocational Education and Training (VET) and General students who successfully completed 202 Certificates II, III and IV courses. Many of these students have gone on to undertake further study this year or have entered in to apprenticeship programs and the full time work force.

CVC would like to congratulate all 2020 Year 12 students. We would like to extend our most sincere gratitude to our students' families, and the teaching and support staff at CVC who have worked with and guided these students over their journey at CVC.